

5th June, 1989

South Australian Road Runners Club Member,

Dear Fellow Member,

I am writing to request that you assist your Club in a time of financial difficulty.

You will recall that the South Australian Road Runners Club incurred a considerable deficit for the year ended 30 September, 1988. Your Board addressed the causes of these losses and sought substantial increased sponsorship, a modest increase in membership and a small increase in participation in events. Full time paid staff were reduced from three to two. These measures were designed to give a small surplus for 1989.

I am pleased to report that the cash sponsorship target of \$48,000 (the highest in the Club's history) has been achieved with Toyota sponsoring the marathon and half marathon to the tune of \$30,000. However, our targets for membership will fall below budget and will be well below last year's membership of 1,800 people. Combined with this is the fact that entries in all events are not only below budget but less than last year. To some extent this loss of revenue has been offset by further reductions in operating costs such as printing. However, your Club is headed for a deficit of approximately \$10,000 for the year ended 30 September, 1989. Such a deficit will deplete the cash reserves of the Club entirely.

Therefore, the Board has asked that all members respond to this special call of \$10 per member in order to avoid a significant reduction in the services which we all enjoy from our Club. Please return your cheque or credit card authorisation for the call of \$10 on the tear off slip below.

This call effectively makes the membership of the club \$35 for this financial year - a very modest membership cost from a Club that provides so much: training runs (Sundays and weekdays), speed training, well organised events, forums, journals and most importantly a friendly social atmosphere.

Your generous response to this appeal will assist in containing rises in next year's membership fees.

Please send Your \$10 call immediately, and good running.

DAVE O'DONNELL PRESIDENT

CALL NOTICE

The response to the call notice has been magnificent with 398 members contributing \$4,532.00 to date.

In our next Journal, contributing members will be acknowledged and Club President David O'Donnell and Treasurer Geoff Davis will have an article advising what it costs to conduct the affairs of our Club.

SUNDAY RUNS

Sunday convenor Kevin Lynch is still managing to make our Sunday runs interesting and competitive - keep up the good work Kevin.

The VENEZIA RESTAURANT continues to provide an extended range of healthy food and refreshments, with the highlight being the addition of saltless Porridge to the range. Say Hello to Marc, who does a great job as Mine Host.

SUBURBAN GROUPS

Congratulations to Eric Fazackerley and the O'Halloran Hill group who celebrate their sixth anniversary this month. Our records also tell us that Eric turned 65 on 11 September - congratulations Eric from all at SARRC.

The SARRC Board has committed to visit all suburban groups, the first visit being to West Beach in July, then O'Halloran Hill in August, with the September visit being to Athelstone.

Contact details for all suburban running groups are:

O'HALLORAN HILL

Hills Community Centre, Candy Road O'Halloran Hill TIME: THURSDAY 6.00 p.m.

Contact: Eric Fazackerley 381 3558

PARKSIDE

Parkside Primary School
Cnr Young Street and Glen Osmond Rd.,
Parkside.
TIME: WEDNESDAY 5.25 P.M.
Contact: Candice Charles 271 8838

WEST BEACH

Scout Hall
Burbridge Road
West Beach.
TIME: TUESDAY 5.55 p.m.
Contact: Janice Graves 211 7956

ATHELSTONE

Athelstone Primary School
Brookside Road,
Athelstone.
TIME: WEDNESDAY 5.55 p.m.
Contact: Jenny Dabinett 344 7637

BLACKWOOD: John Leach 278 3287

NORTH HAVEN: John Murfitt 248 3536

GAWLER: Shirley O'Dea (085) 222322

BAROSSA: Trevor Miller (085) 622863

FRONTLINE FORD

For some five years now, BILL ANSCHUTZ, MANAGING DIRECTOR, FRONTLINE FORD has provided the club van (FORD ECONOVAN) fully maintained and also recently had it re signwritten.

The cost saving to the club is enormous and without it, it would be difficult to operate, on race days in particular.

Bill has recently pledged his continued support of our club and for this we are extremely grateful.

If you are looking for a new or used vehicle, you could do no better than to contact BILL for personalised service at:



477 North East Road, Hillcrest, Phone 261 6333

WOMEN'S WORLD 15km ROAD CHAMPIONSHIP

TRUDY FENION has been selected to represent Australia at the above event to be conducted in RIO DE JANIERO on 24th September. Our congratulations and best wishes to Trudy.

CALENDAR OF EVENTS

SEPTEMBER

Sun. 24	Regency College Fun Runs 2km/6km
	Contact: Peter Petherick 260 4078
Sat. 30	DRC King & Queen of Mt. Lofty
	Contact Des Paul 373 1422

OCTOBER

Sun. 8	DRC 100km Ultra Marathon
	4 x 25km Relay
	Contact: Des Paul
Sat. 14	Australian Brain Foundation Fun Runs
	5km, 10km. Contact: 212 5595
Sun. 15	Capita Fun Walk/Run 5km/10km
	Contact: 223 2244
14 - 22	2nd Australian Masters Games

		Contact: 226 7343
Sun.	29	Old Customs House Fun Run 10km/3km
		Contact: John Murfitt 274 5588 (B)
Sun.	29	TNT Airport Fun Run 10km

		Contact: SARRC 213 0615
Sun.	29	Caithness Country Run 5km/10km
		Contact: Chris Freeman 391

NOVEMBER

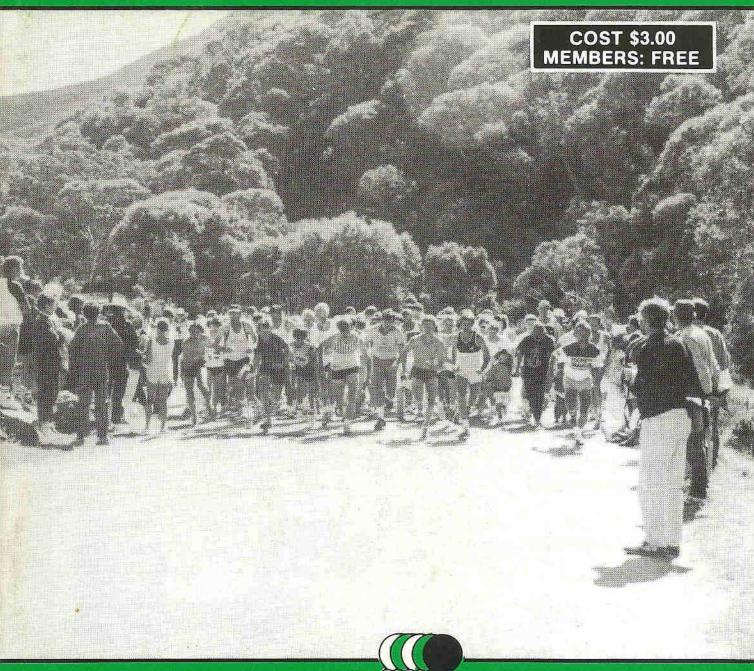
Sat. 4	Betts & Betts/Clarks Grand Prix
	Classic III 5km Contact: SARRC 213 0615
Sun. 12	Goolwa/Victor Half Marathon - 6km
	Contact: Encounter Bay Rotary Club
	PO Box 243, Victor Harbor
Sun. 19	Old Clarendon Fun Run 10km
	Contact: SARRC 213 0615
Sun. 19	Glenelg Football Club Fun Run 12km
	Contact: Jill Hammond 294 5333
C 20	
Sun. 26	PCG Women's 5km/10km Classic

UPCOMING SARRC EVENTS

SUNDAY 29TH OCTOBER	TNT AIRPORT FUN RUN 10km
SATURDAY 4TH NOVEMBER	BETTS & BETS/CLARKS GRAND PRIX
SUNDAY 19 NOVEMBER	OLD CLARENDON FUN RUN 10km
SUNDAY 26 NOVEMBER	PCG WOMENS 5km/10km CLASSIC

Contact: SARRC 213 0615





SOUTH AUSTRALIAN ROAD RUNNERS CLUB

THANK YOU, THANK YOU, THANK YOU

The generosity and support of members who assisted SARRC with financial donations in 1989 is very much appreciated. Thank you to all contributors.

Peter Weston, Daryll Hanond, John G. Hallifax, Kevin Quarrel, A. & M. Goldie, B.J. Martin, J. Dabinett, Robbie Ziersch, Neill Brock, Bill Pile, J.B. Lambert, Doreen Cocks, Anthony Clifford, J.J. Hines, K.L. DeGiglio, J. Morrissey, John J. Auld, Reginald T. Ayliffe, John F. Oakes, Elizabeth Tedge, Nick De Bruyn, Halina Footner, M. Simpson, Bryan K. Bailey, B.J. Bailey, B.J. Clarke, J.R. Elliott, Jan Shepherd, John Shepherd, Robert Ranchini, Vicki Grant, Bey Smith, Elizabeth Fricker, Clare J. Damato, Julie Cummings, Malcolm R. Earl, Carole Ivens, M. Westall, F. Rogers, Tim. Kersten, Carolyn Ponsana, Euan Downing, Brenton Fjeseth, John Attwood, Bevan Roberts, Jenny Prider, Mary Graham, Graham Roberts, Noel Nicholson, Leonie Fischer, B.S. Jones, Geoff Cronin, Tim Nyman, Maureen Cooper, Debbie Brown, Meredith Jones, S.M. Phillips, G.W. Murch, P.R. Allmand, David Taylor, Peter Torr, Toney Bridges, Colin McGaffin, Kevin Duffy, David L. Trembath, James McQuarrie, Stephen Rowntree, C.V. & D.L. Dutton, Diana & Jozef Chwieiczak, Tom & Eva Quinn, John Feijen, Cherylyn Skewes, Perry Woodfine, Rosalind Hancock, Andrew Dunn, Terry Dunn, M. & S. O'Dea, G. Winter, B. Richter-Winter, Mick Ward, Grant & Sue Appleton, Wayne & Wendy Owens, Sue McDonald, Greg Coulter, Carolyn Polson, Bill Geyer, Kevin Fry, K.J. Knight, Jo Jensen, R.J. Hoskinson, Phil Blumberg, R. Dixon, J.J.R. Hardy, Lloyd Cushway, David T. Scott, Marcia J. Sheer, Terry Crabb, lan Chapman, Robert F. Wilson, Melvyn Fluin, Peter Woolford, Trevor Horne, D.N. Nottage, Len McIntyre, Robert J. Howard, Victor Chandler, S. Mitchell, Gary Cooper, M.W. Smith, Malcolm Tuck, R. Pearce, Peter Wood, G.B. Hopkinson, lan Cameron, Peter Deacon, Ross Martin, Laurence Castanelli, Lindsay Smith, Roy Taplin, Andrew McKay, Dwayne Fonovic, Marni J. Hentschke, David Docwra, Andrew McHugh, W.K. Loftus, Brian Goodhind, A. White, Y.L. Coppock, Ron Hodgson, Geoff Denyer, Lloyd Curzon, Maxine Lattner, Anne Lang, Egon Pittlick, Barry Clarke, G.P. Meggison, Judy Carruthers, David Chapman, Eric Gargett, John Ganzis, Nigel Stone, Josephine R. Maguire, Neil Brown, Bob Laws, Greg Bond, Sandra C. Roffey, Alison Williams, George Power, Kaye Green, L.C. Read, Ian Worsfold, G.D. Parise, Graham Hill, Roslyn Donnelly, Graham Venus, Avril Stewart, C.H. Archer, Sue Bratasiuk, lan Morphett, Brian Egan, Dennis Mountstephen, J. Fraser, Carlo Mancini, Alan Kidd, Annabel Alderman, Elizabeth Young, Trevor Lloyd, Kathy Pech, George Willanski, Helen & Tom Henbest, Duncan Olsson Steel, Barbara Deed, R. Carr, D.R. Harvey, Biruta Dzenis, Neville Huggard, M. Rowan, Paul Dewing, Chris Freeman, Dianne Ziegler, Dan Sibila, Jim Mack, W.E. Anschutz, Brian Vogt, Mike Tagell, Barrie Rowe, Ben Wake, Brett Hurrel, Trudy Fenton, Bob Tunbridge, Julie Sexton, R.L. Schubert, G.E. Carr, Dot Partridge, Bob Ansell, D. Padget, Trudi McDonald, R. Del Vecchio, Rhonda Gassner, Margaret Nelson, Peter Lloyd, Tony McKenzie, Graeme Searle, John Dolan, Michael Oatey, Joan Whyte, David Fox, Michael Kuhn, D. Kempe, Vincent Zappia, G.J. Murch, Bert Cox, Len Loechel, Jill Andrew, Nicole Klaebe, Lucia Vaiciulicevicius, Greg Potter, Peter Carter, Jenny Bonnet, R.M. Kempson, John Hayes, Denis Hacking, John Dillon, John Collins, Wayne Tink, Peter Slagter, Roy Weston, Ken Patterson, Alan Malpass, David Edyvean, Anthony R. Bower, Geoffrey Kurtze, Christine Gordon, Alan Morton, B.K. Coffey, Elaine Horwood, Peter Kiely, M.H. MacKay, Dennis McCrohan, Roy K. Sen, Janie Smith, Robin Millhouse, Colin Hazell, Carlo Taylor, Dawn Black, David Stephenson, Michael Mason, P. White, Noel Pardon, D.J. Cox, Peter Gilkes, C. Parouchais, Klaas Buys, Trevor Parr, Kevin Spoehr, David Ashfield, R. Ruffin, Darryl Schintler, John Gaston, M. Swan, Howard Humby, A. Kirkland, Brian Marks, Rex Martin, Ron Smith, Roger Williams, John Walker, P.J. Hughes, Peter Mawbey, Anthony J. Clarke, Clare Hennessey, T.F. Laver, David Stableford, Gordon Chatfield, D.J. Kewley, Nicholas Brown, Carlien Holt, S. Weir, Jacky Whitting, Julie Whitehead, Max Dyason, C.D. Adams, Tony Ward, Dough Wilson, Andrew McComb, Joy Gilbertson, Vivienne Palmer, R.C. McKnight, Brian Hughes, David Jamieson, Lok Voon, Michael Gryst, Alf J. Ryan, David D. Pope, D. Lockwood, Colin Cutmore, R. Bury, Richard Sjoerdsma, Marie Niemann, Christine Lubke, R.I. Harris, Peter Ayton, Grant Kardachi, C.J. Clayton, R. Poeze, J. Smith, Ian Brenner, Gary Gray, Pam Evers, John Backhouse, Eric A. Baker, Terry Buxton, Noel Vickery, Stephen Dunn, A.G. Daly, Barry Hanna, P. Henschke, Neil Gamble, Peter Harris, Tim Sarah, Roger J. Stuart, Ian McLean, Graham Martin, K. Graham, E. Mariner, Sharon Sharpe, K. Christie, Tom Bland, R.J. Fraser, P. Sandery, Noel W. Young, David Zander, K. Riggal, Peter Trabilsie, Lyn Lambert, Peter Deacon, Frank J. Thyssen, Gerald Quinn, A. George, David Brown, Carol Gray, Craig Colwell, Michael Bertelsmeler, Andy Esworthy, Tony Belperio, Peter Lomman, A.M. & K.A. Parish, Eric & May Fazackerly, D.J. Ayling, Sue Bardy, Charles Harley, I. Hill, L. Daniels, T.A. Russell, Margaret & Geoff Davis, Ron Hood, Lesley Plaisted, Malcolm Adam, R.J. Tate, George Bulyga, Jan &martin Winnall, Mike Coad, G. Brezinski, K.W. Minne, John G. Vine, L.G. Graham, John Stokes, G.C. MacKintosh, John Miller, Madeleine Woolley, Ian Polson, A. Tullio, Bronte Turner, Harry Wallace, Brian Chapman, Tom Bradley, J. Jaensch, Kaye Harris, Jamie Sheppard, J.L. Gildertson, G.F. Hazell, John & Lesley Lapidge, Lindasay Lavers, Andrew & Pauline Howland, George Mitchell, Marilyn Bevan, John C. Bannon, John Smyth, Barry McDermott, K.S. Matthews, Rod Martin, Wendy Quarrel, Julie A. Claridge, Bob Howie, Simon Lewis, Greg Bound, R.L. Knight, Helen Holmes, Peter Collett, Jane McLaren, Chris Fryer, Philip Streng, Leonard Sampson, Bill Aukett, Paul Mensforth, B. Cockington, David Sanders, Robert Freak.



SARRC Office, Cnr. King William & Sturt Streets, Adelaide. 5000 Ph. 213 0615

AUSTRALIA'S LARGEST RUNNERS CLUB

NEWSLETTER No. 46

Registered by Australia Post Publication No. SBH0729

RESULTS

MARCH 1989

ALTERNATIVE RUNNING

Tired of running the same old pavement at the same old time? Want a change of scenery? Then consider joining other members who run in various locations and at times that may give your training a bit of variation.

Locations and contact details are:

Dam - John Miller	234 0844
0am Des Foster	213 0615
5am John Auld	237 8462
0am David O'Donnell	31 6166
	5am John Auld

If you would like to be added to the list in the next journal, please give us a call at the office.

OFFICE STAFF

Kaye Harris recently joined the club office staff as Office Supervisor and is already showing her administrative skills and is rapidly building a rapport with club members.

Welcome Kaye, we trust your stay will be a happy and rewarding one.

CRECHE

We are now providing creche facilities on Sunday mornings at the IFRT Building, 64 McKinnon Parade.

The facility is first class and will be tended by volunteer personnel. A donation would be welcome to defray expenses.

For further information call the office.

START RUNNING CLASSES

Westfield Shoppingtowns are now official sponsors of the 1989 classes. The second term commences as follows:

West Beach	Tues	9 May	5.55pm
Parkside	Wed	10 May	5.25pm
O'Hall Hill	Thurs	11 May	6.00pm
Nth Adel	Sun	14 May	8.00am

If you have a friend, workmate or family member who may benefit by joining the class, please spread the word.

Phone the office with any enquiries.

ADIDAS TORSION 10KM CLASSIC

Sunday 26 February saw magnificent running conditions prevail for the fifth running of this popular event.

For the first time a short course was run (3.5km) which proved very popular with the children in particular.

In the 10km, David Dowd showed his class with an effortless win by almost a minute from Victorian visitor Mark Purvis.

Trudy Fenton, who is burning up the track at the moment, won the womens section in convincing style from Candi Charles and Marcia Sheer. Trudy's time of 34.42 smashed her record set in 1988 by 1 min. 39 sec.

ANNA OLACCIO				
10KM CLASSIC				
MEN		David Dowd	31 min 07 sec	
		Mark Purvis (Vic)	32 min 04 sec	
		Ely Melky	32 min 10 sec	
	Whe	elchair Robert Turner	29 min 31 sec	
WOMEN	1st	Trudy Fenton	34 min 42 sec	
	2nd	Candi Charles	36 min 21 sec	
	3rd	Marcia Sheer	36 min 47 sec	
3.5KM FUN RUN				
MEN		John Sheer	12 min 26 sec	
	2nd	Craig Baseby	13 min 11 sec	

3rd Janice Dobbie 15 min 51 sec Our sincere appreciation to David Prince, Adidas for his continued support of the event and our club.

LOOK OUT FOR ADIDAS TORSION

3rd Scott Barton

2nd Sally Biggs

WOMEN 1st Denise Smith



13 min 24 sec 13 min 43 sec

15 min 22 sec

SUBURBAN GROUPS

O'Halloran Hill have their "Easter Bun Run" on Sunday 26 March from 7.30am, 7km/12km/30km. Free Muesli, Hot x Buns, Tea, Coffee after run. \$2 for Raffle. Contact: Eric Fazackerley 381 3558.

Athelstone will be running 10km/16km on Good Friday 24 March, Contact: Jenny Dabinett 337 3300.

SPEED TRAINING

Our O'Halloran Hill group has commenced a speed training session on Saturdays, 7.00am from The Hill Community Centre, Candy Road, O'Halloran Hill. Further details, contact Graham Venus 381 1221 (A/h).

Speed training in North Adelaide is being well attended, 8.30am Saturdays. Contact office for details.

SUNDAY MORNING

- * Club member and valued sponsor Noel Allan, mine host at Venezia Restaurant, 121 Pirie Street, is now organising breakfast after Sunday runs. The gentleman looking after breakfast is Peter - say hello to Peter when next you have a Muesli etc.
- * Mens shower, change and toilet facilities are now located under the grandstand, NOT in the IFRT building. Please feel free to use these facilities.
- * Sunday stalwart Ellen Sinnott recently had her *!?th birthday Happy Birthday Ellen.
- * City Council by-laws prevent dogs from being on council playing fields. Henry has organised water and a lead under the trees, please make use of this area and help us not get in the because your dog may on the grass.

PENANG MARATHON TOUR

In conjunction with Malaysian Airlines, our club is hosting a tour to the Penang Marathon in October of this year.

TOUR DETAILS

MAS International Marathon Penang
Depart Adelaide, Wednesday 4 October
Marathon Day Sunday 8 October
Depart Penang Friday 13 October
9 Nights, 8 Days

TOUR COST: \$1,280 ... Includes: Transfers, Accommodation, American Breakfast, Half Day Tour, Marathon Entry, T-Shirt.

* TOUR LAUNCH

Wednesday 29 March at 7.00 p.m. 1st Floor

Australian Airlines Building 144 North Terrace, Adelaide Videos, Full Tour Details, Supper Courtesy



COURSE MEASUREMENT

One of the most important aspects of any event is the provision of an accurately measured course. We are fortunate to have in our club, an officially accredited AIMS/IAAF course measurer, Gary Nichols.

Gary will be conducting a course measurement clinic in the near future, if you would like to have a bit of fun whilst adding some expertise to the club, please contact Des or Kaye in the office.

FUNDRAISING

Port Adelaide Football Club are holding a 10km run on Sunday 16 April as a fundraising exercise.

Our club will receive HALF of all sponsorship proceeds raised by SARRC members who run. An entry form is enclosed.

MEMBERSHIP

If you know of anyone who has not renewed membership, please give their memory a jolt or if any potential members are known, ask them to call the office for further information.

OVERSEAS REQUEST

One of our running friends in West Germany, Robert Schabenberger is an avid collector of train, tram or bus conductors hats. If you have access to one (or more), please give the office a call.

MARCH

Findon Road 20.6km 26

APRIL

- Darley Road 20.7km
- Stonyfell/Lower Mitcham 21km 9
- Brownhill Creek 22km 16
- Top of Town 22.2km 23
- Waterfall Gully 23.4km 30 Paradise 24.2km

MAY

- Toyota Greenbelt Half Marathon 7
- Brownhill Creek 22km 14 Lower Mitcham 21km
- Frontline Ford 15km/21km
- Paradise 24.2km Henley Beach 25km

NOTE: 6km/10km runs each week, various areas.

CALENDAR OF EVENTS

MARCH

24 (Fri) Athelstone Group

Contact: Jenny Dabinett 337 3300 (Bus)

O'Halloran Hill "Easter Bun Run" 26 (Sun)

Contact: Eric Fazackerley 381 3558 (Priv)

APRIL City-Port 15km, Contact: YMCA 223 1611 2 (Sun) 9 (Sun) Gilles Plains High School Contact: Rosalind Gilfillan 261 2733 Mitre 10 Barossa Vintage Half Marathon/5km 9 (Sun) Contact: Trevor Miller (085) 62 2863 (A/h) 9 (Sun) Kangarilla Fun Runs Great North East Fun Runs 5km/10km 16 (Sun) Contact: Keith Rendell 256 0256 Port Adelaide Football Club 10km 16 (Sun) Contact: Kay Dobrilla 47 4044 Claude Neon Uraidla 11km/15km 16 (Sun)

Walkerville YMCA 6km/10km

Contact: Darryl Golding 336 9780 (A/h)

Contact: Norm Reynolds 228 5217

MAY 7 (Sun)

Toyota Greenbelt Half Marathon Contact: SARRC 213 0615

> SARRC Training Forum Contact: SARRC 213 0615

City of Salisbury Fun Runs 14 (Sun) Contact: John Lane

16 (Sun)

BHP Whyalla Marathon/Half Marathon 14 (Sun) Contact: John Alderdice (086) 45 4926

* Half Case Half Marathon 14 (Sun) Contact: People in Motion

Farm Day Cross Country 2/5/10km 15 (Mon) Contact: Crafty Crafter, Birdwood Primary School (085) 68 5329

Campbelltown Lions Journey For Sight 10km 21 (Sun) Contact: Geoff Allen 31 4955

TOYOTA FESTIVAL CITY MARATHON 13 AUGUST

WESTFIELD SA GREAT RIVER RELAY 20-26 SEPTEMBER

INTERSTATE/OVERSEAS

9 April	Nike Canberra Marathon	Canberra
16 April	Rotterdam Marathon	Rotterdam
16 April	World Cup Marathon	Milan
17 April	Boston Marathon	Boston
23 April	ADT London Marathon	London
23 April	Halls Gap/Stawell Marathon	
	Hal	lls Gap (Vic)
25 April	Anzac Day Marathon/Half Ma	rathon
		Sydney
11 June	Sunny Queen Marathon	Brisbane
24 July	Gold Coast Marathon/Half Ma	rathon
	Gold	Coast (Qld)
6 August	Perth Marathon	Perth
13 August	City-Surf	Sydney
8 October	MAS Penang Marathon	Penang
8 October	Budget Melbourne Marathon	Melbourne
5 November	New York Marathon	New York

DISCOUNTS

20% CASH 15% CREDIT CARD

NOW OFFICIAL SUPPLIERS TO SARRC MEMBERS

LOCATED AT: 79 Rundle Mall

108 Jetty Road, Glenelg **Tea Tree Plaza Shopping Centre Elizabeth City Centre** Westfield Shopping Town, Kilkenny **Colonnades Noarlunga Centre** Riverland Plaza, Berri **Gawler, 79 Murray Street** Tea Tree Plaza, Lower Level Lakes Plaza, Mt. Gambier

Woolworths Complex, Murray Bridge

Tel: 295 3322 Tel: 263 0888 Tel: 252 1111 Tel: 45 4727 Tel: 384 4100 Tel: (085) 82 2178 Tel: 22 6768 Tel: 264 2700 Tel: (087) 24 9800 Tel: (085) 32 6954

Tel: 223 2411



TRAINING ... Janette McKinnon with her father Paul Smallman and brother Graham.

Marathon to have 56 first-timers

By TANYA LEWIS

Forty-two men and 14 women will make their marathon debuts in the Toyota Festival City Marathon on Sunday week.

A field of about 600 will compete in the State's premier road run.

It includes 15 competitors who have run in the past 10 marathons—including the Premier, John Bannon.

The marathon has attracted Janette McKinnon, 29, her brother Graham Smallman, 32, and father Paul Smallman, 53, first-timers who decided only three months ago to tackle the marathon. They are seek-

ing sponsors to try to raise money for the Flinders Medical Centre neonatal unit.

"I've always been involved in running and I think it's the ultimate goal for anyone interested in running," McKinnon said this week.

"To be involved with a marathon, and experience the pain and glory at the end, is something I've always wanted."

The trio's race experience has been limited to City-Bay fun runs.

Women make up about nine per cent of the marathon field. Included in the entries is UK runner Leslie Watson, who has been flown to Adelaide by Malaysian Airlines to compete.

State marathon titleholder Mike Bertelsmeir, 1987 and '88 winner John Duck, of Victoria, media celebrity Ken Cunningham, leading State triathlete Jenny Bonnet and David Standeven, the recent line-honors winner in the Westfield Sydney to Melbourne ultra-marathon, are others who will take part.

The marathon, conducted by the South Australian Road Runners Club, still requires volunteers to act as marshals and work on drink stations. Volunteers can register by contacting the SARRC in Sturt St.

city.

Advertiser, Friday 11 August 1989



MARATHON EFFORT . . . England's Leslie Watson prepares for Sunday's Festival City Marathon.

Leslie's motto - have marathons, will run

By WARREN PARTLAND

Many people aspire to completing a marathon — England's Leslie Watson has contested an amazing 162.

Twenty-two of those were in the same year.

Watson, in Adelaide for the Toyota Festival City Marathon on Sunday, said her hunger for marathons was driven by the high that runners experienced after a race.

She said: "When running you get rid of toxin in the body. A substance is also released into the body which makes you feel better.

"That wears off after a week so I've got to do another marathon to get the feeling again. The more marathons I do the better I feel."

This is Watson's second running venture to Australia. She finished second in the Perth Marathon in 1986 and in the same year she clocked her best time for the 42.2km event of 2 hours 43 minutes.

"If my mind is right on Sunday I believe I could run close to 2 hours 43 minutes again," she said. "But I don't know if I have run enough fast runs close to the race.

"I don't think this will be a physical run but more mental. My time will

depend on how my mind is."

Watson already has tasted success in marathons this year. She won in Rennes, France, in April and the Isle of Thanet in May.

She is a former Scottish cross-country and mile champion and represented Britain in last year's European Cup

Marathon.

Watson also has had a successful career in ultra marathons. In 1981 she recorded a woman's world best for 80km on the road and in London two years later repeated the effort for 80km on the track.

In June, Watson won an 128km race in Brighton, England, in a course record of 12 hrs 33min and last month won the 86km Mountain Run in Davos, Switzerland in 6:52.

"I haven't lost the desire to compete." she said. "I wouldn't be doing it if I

wasn't enjoying it."

Watson's main challengers for line honors in the women's section are Candice Charles and Mount Gambier's Jeanette Mase.

Mase is running in her first marathon but her confidence has been boosted with wins in the Toyota Greenbelt and Kangaroo Island half-marathons.

Victorian John Duck will be attempting a hat-trick of victories, having won in 1987 and last year, when he ran in

2hrs 27min.

Mike Bertelsmeir, who this year ended Joe Petrovic's domination of the State marathon, has nominated with Ian Hill and last year's runner-up Ian Nash.

Victorian Nash has a personal best of 2:29 while Hill, the youngest of the 15 men who have competed in all 10 Festival City Marathons, has a best time of 2:28.

More than 600 people are expected to start, including Victorians Peter Logan and Gerry Riley who are running their 101st marathon. They have completed

them all.

Premier John Bannon again will don running gear, having yet to miss a Festival City Marathon. Only once has he failed to better three hours for the gruelling event and that was by 22 seconds in 1987.

Advertiser, Saturday 12 August 1989



Bannon paces himself to the polls

I T WILL take less than three hours, hopefully two hours 43 minutes. Those 163 minutes could have a crucial bearing on the shape of

South Australian politics.

Soon after sunrise tomorrow the Premier, Mr Bannon, will set out on the gruelling 42.2km Toyota Festival City Marathon. He says he wants to finish in a good time but deep down he is hoping that, just maybe, he can top his personal best marathon of 2:43.

While most members of Parliament have been preoccupied with the possibility of a September State election, the marathon has dominated Mr Bannon's week. His schedule was relatively light, if the pressure of the first full week of Parliament could be classed as easy.

On Monday after Cabinet, Mr Bannon jogged home. He stuck rigidly to a high-protein diet until Wednesday, then swung to carbohydrates. Staff members in the Premier's Department say Mr Bannon has been short-tempered and impatient.

But, come Monday, they say, the Premier will turn his full attention to politics, Parliament and the

build-up to the election.

And it is election speculation which has dominated the opening week of the new Parliament. Everyone has a point of view about the date. Most people know someone who has been told by an impeccable source when the election will be.

SEPTEMBER 23, September 30, October 21, November 25, December 2, December 9, even March 3 and March 10 next year. They've all been tipped as near certainties. In the end, everyone will say I told you so.

The reality is, nobody really knows except Mr Bannon and he seems more interested in 2:43.

The tense and confused political situation has been further complicated by a rash of conflicting public opinion survey results which can be interpreted to suit mood or political bent.

The Liberals trickled out selected statistics from a detailed survey of 300 people in the eight metropolitan marginal seats which showed government was within reach.

This writer has seen the survey booklet and at least it is contemporary, even if it does conveniently suit the Liberals' current strategy of trying to look like winners.

But the question remains: when will the election be? Mr Bannon ruled out the possibility of an October 21 poll during the week when he introduced a Supply Bill which ensures sufficient money to pay public servants "until early November".

Introducing the legislation, Mr Bannon said that by that time the Budget would have been passed by Parliament, which would provide

funds well into next year.

The Budget will be introduced on August 24 and will not be passed until some time in October. However, if there were an October 21 election, the Budget would be delayed and the Supply Bill would have to provide sufficient money until almost the end of the year.

Because it covers spending only until early November, it virtually rules out an October election,

This leaves September 23 or December 9 as the most likely dates for the election. There are plenty of people prepared to bet on a September poll and they may well be right.

But the smart money is on December 9, exactly four years and two days since Mr Bannon's last sweeping victory in 1985. Mr Bannon, who remembers well the disaster of Labor's early election in 1979, would love to be the first premier for more than 50 years to govern for a full four-year term.

Ironically, that decision will not be set in stone until at least 10.13am tomorrow when Mr Bannon hopes he will be crossing the marathon

finishing line.



Duck seeks third marathon title

Victorian runner John Duck will attempt to create history when he contests the Toyota Festival City Marathon in Adelaide this morning.

Duck will be aiming for his third successive win in

the event.

And on the evidence of recent training he is confident of matching last year's effort when he recorded 2 hrs 27 mins to beat another Victorian, Ian Nash.

Duck's toughest opposition is likely to come from South Australia's Mike Bertelsmeir, who this year ended Joe Petkovic's domination of the State

marathon with a 2:32 run.

Interest in the women's section will centre on England's Leslie Watson as she contests her 163rd marathon.

Watson has a best time of 2:43 and is favored to

score her third marathon win for the year.

Other notable competitors include premier John Bannon, who has competed in all 10 FCMs, Kym Mayes, the Minister for Recreation and Sport who is making his marathon debut and ultra marathon star David Standeven.

More than 600 runners have nominated for event,

which starts at 7.30am near the Adelaide Oval.

The oldest entrant is Freeling's Con Skehan, 76, while Jay Corney from Broken Hill is the youngest at 18 (the minimum age).

Warren Partland